

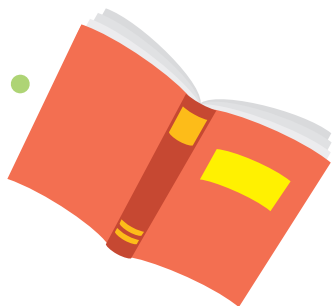
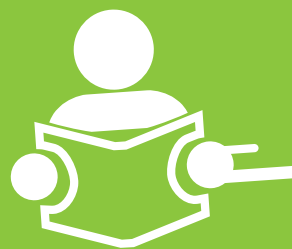
Textbook
Resources



Citizenship, Economics and Society

Values Education Worksheets

Sample



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Values Education Worksheets: thematic overview

Module	Theme	12 priority value(s)	Learning goals
1.1	Appreciating yourself and others	Respect for others, benevolence	Through the story of Confucius' evaluation of his students, understand the proper attitude towards one's own strengths and weaknesses.
	"Useful" or "useless"?	Perseverance	Through the story of "the usefulness of seemingly useless things", understand the importance of holding positive thoughts and beliefs.
	Treasure time, live in the present	Responsibility, diligence	Through the story of "gold cannot buy time", learn about the proper time management strategies and understand the importance of treasuring time
	Be cautious and seek the truth	Integrity, law-abidingness	Through the story of "three people make a tiger", understand the importance of maintaining a cautious and truth-seeking attitude when processing information.
1.2	Action is better than thinking	Responsibility, diligence	Through the cases of adolescents' life planning, understand how to set life goals that can realise one's own strengths, and the importance of achieving these goals and contributing to society and the country.
	Isn't it a pleasure to have friends come from afar? A small leak will sink a great ship	Integrity	Through the story of "having friends coming from afar", understand ways to maintain friendship with good friends.
1.3	Proud of the country's strength	Law-abidingness	Through the relevant laws that protect copyrights, understanding the importance of cultivating law-abidingness.
	Looking out for each other	National identity	Through the different achievement of the country in recent years, cultivate a sense of national identity.
1.4	We should safeguard national security together	Unity	Through the cases of Hong Kong's involvement in the country's disaster reliefs and the cooperations in medical care and scientific research, understand how Hong Kong can participate in and contribute to national development as a part of the country.
	Our bodies are given by our parents	National identity, commitment	Through actions in daily life that involve national security, understand the importance of individuals to the safeguarding of national security.
2.1	Spot and report	Filial piety	Through the cases of adolescents that have gone down the wrong path, understand the importance of family to adolescents' development and that protecting and respecting oneself is also a form of filial piety.
2.2	It is more blessed to give than to receive	Responsibility	Through the youth activities and educational promotion by anti-terrorist agencies, understand their responsibilities in helping to safeguard societal security.
2.3	The plague of "lying flat"	Empathy	Through the examples of the HKSAR Government providing disadvantaged groups with financial support, understand how public expenditure helps disadvantaged groups and be cultivated to understand the government's resource allocation with empathy.
3.1	Say no to harassment	Diligence	Through the examples of adolescents' job seeking and employment, understand the importance of diligence and be encouraged to contribute to one's family, society and country with what have been learnt.
3.2	Boosting the economy	Benevolence	Through the case of sexual harassment, understand society's view on sex and the importance of respecting verbal and physical boundaries, and learn about ways to deal with sexual impulses.
3.3	Principles of major-country diplomacy	National identity	Through the country's achievement in poverty alleviation, understand the country economic development and develop a sense of belonging towards the country and a sense of national identity.
3.4	Global climate change: an intertwining issue	Integrity	Through the examples of China's international collaboration, understand the importance of integrity to building good relationship.
		Commitment	Through examples of global issues, learn about the responsibility to proactively protect public well-being, and be encouraged to think about the responsibilities one can bear.

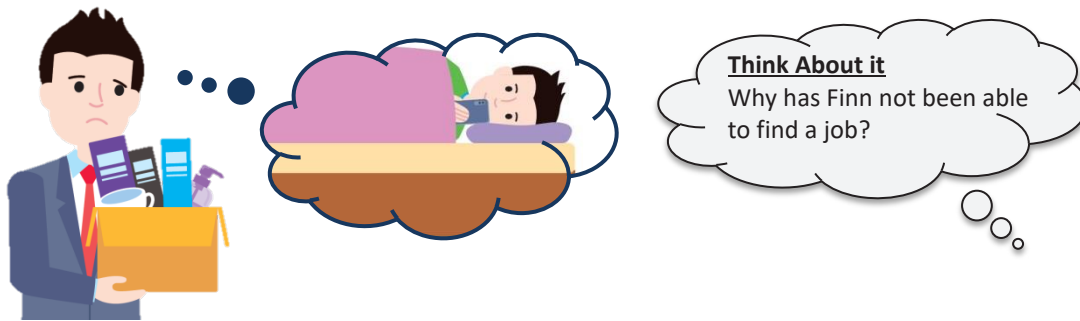
The plague of “lying flat”

Background

During the economic downturn, Finn, who joined the work force six months before, was laid off. Initially, he had applied for jobs but could not find any that is similar in nature to his previous one. Gradually, he got use to staying at home all day to play video games and shop online. He no longer goes out and now enjoys a life at home depending on his parents...

12 priority values **Diligence**

Values related to the topic
Aspiration, proactivity



Discussion

1. Which of the following may be the reason(s) for Finn to “lie flat”?

<p>A. Feeling hopeless about the future</p> <p style="text-align: right;"><input type="checkbox"/></p>	<p>B. Affected by others' opinion</p> <p style="text-align: right;"><input type="checkbox"/></p>	<p>C. Unable to adapt to a fast-paced life</p> <p style="text-align: right;"><input type="checkbox"/></p>	<p>D. Lack of financial pressure</p> <p style="text-align: right;"><input type="checkbox"/></p>
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2. Choose the correct answer from the box and fill in the blanks.

well-being	entertainment	cost	knowledge	disciplining	action
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Diligence is fundamental to learning. It emphasises the importance of putting the _____ gained into _____ in our daily lives, persevering without counting the _____, taking the initiative to help others, and having the courage to take responsibilities. It is also about _____ oneself without indulging in _____, working hard for the _____ of oneself, one's family, society, country and the world, and be a future pillar of society.

Application**Example 1**

Just entering the workforce, Ms. Wong was unfamiliar with her work and was stressed for dealing with interpersonal work relationships. She gradually became unwilling to go to work or even wanted to quit, and often felt tired and anxious as a result.

Example 2

Mr. Chan was addicted to mobile phone games and would play it when commuting and working. He had even spent more than \$140,000 in a year on in-game purchases. He was not only criticised by his supervisor for his work attitude, but also heavily in debt due to gaming.

Example 3

Lily came from a grassroot family, but the small and noisy home did not deter her from studying hard. She concentrated on her studies after her family went to bed, and eventually got into the medical department of the university. She hopes to relieve her family's financial burden and give back to society in the future.

Example 4

Scientist Yuri has been learning how to farm since he was small. He woke up every day early in the morning to work at his field experimental sites and spent more than a decade analysing more than 10,000 rice plants, finally succeeding in cultivating a type of modified rice with a higher yield, which helped to alleviate the problem of food shortages faced by the country at that time.

3. In Examples 1 and 2, how did the values of the characters affect their lives?

In Example 1, Ms. Wong had just entered the workforce and encountered (difficulties / temptations) in her work and interpersonal work relationships. Instead of actively trying to find ways to (escape / resolve) the issue, she (persisted / gave up easily) and thought about quitting her job, which affected her (mental / physical) health. In Example 2, Mr. Chan was addicted to mobile phone games and did not (restrain / resolve) his (desires / crises) to have fun, which not only affected his (studies / work) but also led to heavy debt.

4. In Examples 3 and 4, how did the characters put the value of “diligence” into action?

In Example 3, although Lily’s family circumstances were not favourable, she still has (aspirations / a sense of inferiority) and studied hard with all her (demand / might), hoping that she will be able to (provide for her family / accompany her family) in the future and to contribute to the (society / company) with what she has learnt. In Example 4, Yuri had (gained / invested) a great deal of time and effort, and had persevered in working at the field experimental sites early in the morning for more than 10 years, analysing more over 10,000 rice plants. He also (applied what he had learnt / learnt by asking questions) and successfully developed a type of modified rice with a higher yield, contributing to (his personal interests / the well-being of society).

Ming Pao Feature Story

20 January 2025

18-year-old Wayne used to “lie flat”. He said that he had spent a lot of time studying but still could not catch up with the progress of his studies, and had thought that his effort was not proportional to the result. As such, he had stopped caring about his grades and career planning since high school, and spent time only on his interests. It was not until he joined the internship organised by a

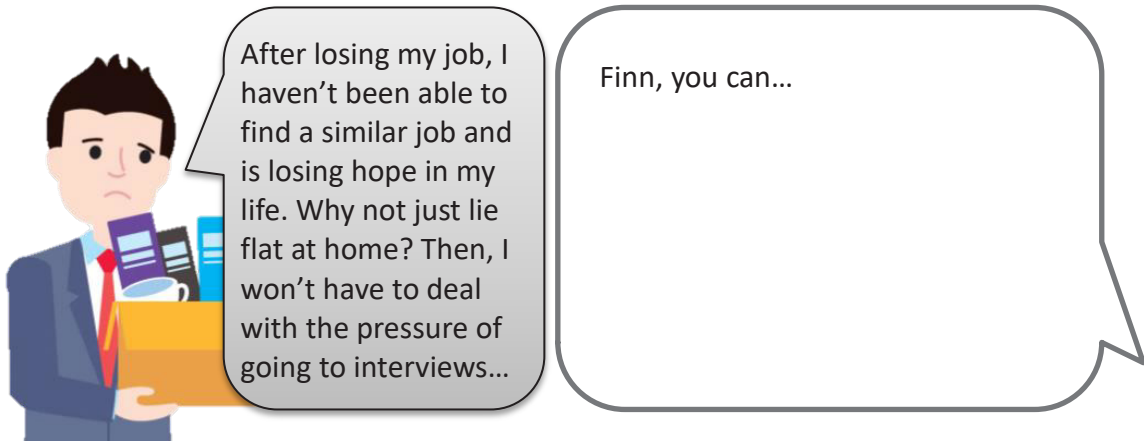
non-governmental organisation and became exposed to social work did he manage to broaden his horizon and realise his potential. Discovering that his efforts can help others and contribute to society, Wayne has aspiration for the future and gradually became more optimistic, hoping to find work worthy of his effort in the future.

5. With reference to the source, what can young people do to change their thought of “lying flat”?

Reflection

6. Write some advices for Finn in the speech bubble.

(Does he has to limit himself to finding similar jobs as the last one? How can he increase his competitiveness in job interviews? Are there alternatives to finding a job?)



Suggested answers:

1. Which of the following may be the reason(s) for Finn to “lie flat”?

A. Feeling hopeless about the future <input checked="" type="checkbox"/>	B. Affected by others’ opinion <input type="checkbox"/>	C. Unable to adapt to a fast-paced life <input type="checkbox"/>	D. Lack of financial pressure <input checked="" type="checkbox"/>
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2. Choose the correct answer from the box and fill in the blanks.



Diligence is fundamental to learning. It emphasises the importance of putting the **knowledge** gained into **action** in our daily lives, persevering without counting the **cost**, taking the initiative to help others, and having the courage to take responsibilities. It is also about **disciplining** oneself without indulging in **entertainment**, working hard for the **well-being** of oneself, one's family, society, country and the world, and be a future pillar of society.

3. In Examples 1 and 2, how did the values of the characters affect their lives?

In Example 1, Ms. Wong had just entered the workforce and encountered (**difficulties** / temptations) in her work and interpersonal work relationships. Instead of actively trying to find ways to (escape / **resolve**) the issue, she (persisted / **gave up easily**) and thought about quitting her job, which affected her (**mental** / physical) health. In Example 2, Mr. Chan was addicted to mobile phone games and did not (**restrain** / resolve) his (**desires** / crises) to have fun, which not only affected his (studies / **work**) but also led to heavy debt.

4. In Examples 3 and 4, how did the characters put the value of “diligence” into action?

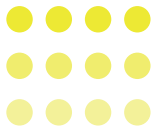
In Example 3, although Lily’s family circumstances were not favourable, she still has (**aspirations** / a sense of inferiority) and studied hard with all her (demand / **might**), hoping that she will be able to (**provide for her family** / accompany her family) in the future and to contribute to the (**society** / company) with what she has learnt. In Example 4, Yuri had (gained / **invested**) a great deal of time and effort, and had persevered in working at the field experimental sites early in the morning for more than 10 years, analysing more over 10,000 rice plants. He also (**applied what he had learnt** / learnt by asking questions) and successfully developed a type of modified rice with a higher yield, contributing to (his personal interests / **the well-being of society**).

5. With reference to the source, what can young people do to change their thought of “lying flat”?

Active participation in diversified extra-curricular activities, such as gaining work experiences / internships, overseas exchanges and volunteer services, through which young people can explore their own preferences and strengths, and build a positive vision of their future life. This will help young people think about and implement their future plan proactively, and to change the negative thought of “lying flat”.

6. Write some advices for Finn in the speech bubble.

Free responses. Suggested direction: further studies, learning new skills, practising interview skills, revising his cover letter and resume, adjusting his expectation for jobs and their compensations, acquiring more information about the industry, exercising, etc.



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